



# Bellydance

Beginning Belly Dance In the Horizon Room

Monday Night Classes  
7:00 - 8:00pm in the Horizon Room  
*\$50 per Session, (5 weeks)*

Dance like an Egyptian!

Build strength and stamina, increase your flexibility, posture and grace while enjoying a great aerobic workout. This class does not focus on complex coreographies and is perfect for the beginning dancer.

Classes are taught in 5 week sessions. Each session is \$50, due on the first night of classes.

Attire: Loose or stretchy pants, tank tops or sports bra, bare feet is preferable, but jazz or ballet shoes.

New Session Starts  
January 11, 2010

*You must have a  
Hoover Recreation  
Membership or  
\$25 Annual Program Pass  
to participate.*

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